Al-Balqa Applied English (99)



Third Edition

LANGUAGE CENTER

UNIT 3

Al-Balqa Applied University

Balqa Applied English 99
Unit 3

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"Sports serve society by providing vivid examples for excellence"

George Will

Learning Objectives

1. To identify the different function and forms of "can".
2. Form sentences using vocabulary from the word list.
3. Participate in short conversations.
4. Use correct expressions in making arrangements.
5. Students are expected to study the /ʃ/ & /ʒ/, /tʃ/ & /dʒ/, and /h/ & /l/ consonant sounds.
6. Fill application forms correctly.
7. Write a short paragraph describing a favorite sport.
8. Identify the difference between digital and analogue time figures
9. Identify the difference between cardinal and ordinal numbers

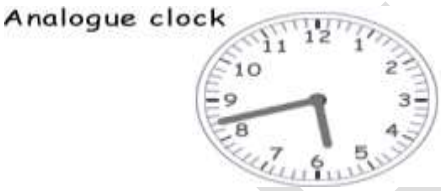
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Vocabulary Focus

There are many expressions that we use to express and tell the time. If you learn these expressions, telling time will not be difficult.
First of all, you need to remember that time is divided into day and night.

Day time is referred to as **a.m.** *(ante meridiem)* which is Latin for 'before noon'. Night time is referred to as **p.m.** (*post meridiem)* which is Latin for "after noon".	

There are different ways to tell time:
Digital
Analogue





Digital Time:
A day has 24 hours. Digital time uses a 24 hour format.
We say
16:00= 4:00 p.m.
04:00= 4:00 a.m.

Analogue Time:
A day has 24 hours, but it is divided into 12 hours for daytime and 12 hours for night time.
4:00 p.m. = 4 o'clock in the afternoon
4:00 a.m. = 4 o'clock in the morning
Here are some examples of different ways to express time.
3 o'clock (in the morning) = 3:00 a.m. = 03:00
18 minutes to 6 (in the morning)= 5:42 a.m. = 05:42
3 o'clock (in the afternoon) = 3:00 p.m.= 15:00

To express portions of time, we use *to* and *past*.
3:30 would be said as **half past three**
10:30 would be said as **half past ten**
3:40 would be said as **twenty to four**
Dates:
When reading dates, we need ordinal numbers. What are ordinal numbers? Ordinal numbers help us put things in order.

We say:
The game is on the tenth.
The tennis match is on the sixth.
Ahmed is the first winner.
Jamal is the second student.
Mike is the third speaker.
Here is a table that shows both cardinal and ordinal numbers.

Cardinal	Ordinal
One	First
Two	Second
Three	Third
Four	Fourth
Five	Fifth
Six	Sixth
Seven	Seventh
Eight	Eighth
Nine	Ninth
Ten	Tenth

Now that we know what ordinal numbers are, let's look at the different ways of reading dates.
The meeting is on the first of March. (1st March)
The meeting is on March the first.
The basketball game is on the twentieth of August. (20th August)
The basketball game is on August the twentieth.

Even if we write the date in numbers such as 9-6-1999, we read it as follows:

The ninth of June, nineteen ninety-nine

Seasons, Months, Days, and Parts of the Day

The year is divided into four seasons: spring, summer, autumn / fall, winter
There are twelve months in the year: January, February, March, April, May, June, July,August, September, October, November and December
There are seven days in the week: Sunday, Monday, Tuesday, Wednesday, Thursday,Friday, and Saturday
The day is divided into different parts: dawn, morning, midday, afternoon, dusk, evening and night

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Activity 1
Draw a Clock
What is the time?

Look at the times below and draw a clock that matches the time that is written in words.

1. Twelve o'clock 2.Quarter past eight 3.Nine o'clock 4. Half past one

5. Quarter to three 6.Half past three 7. Eight o'clock 8.Half past seven

Activity 2
Write the Cardinal Number
Cardinal and Ordinal

1.ninety	4.seventy	7.thirty-one	10.one	12. sixty-seven
2.twenty	5.second	8.eleven	11.three	
3.hundred	6.fifty-five	9.forty-two		

Activity 3
Write the Dates
Match the Dates

A	B
1-5- 1960	The twenty-first of March, two thousand
21-3-2000	The thirtieth of August, two thousand and eight
4-7-1800	The second of January, nineteen seventy- four
30- 8- 2008	The fourth of July, eighteen hundred
2-1- 1974	The eighth of October, two thousand and four
8-10-2004	The first of May, nineteen-sixty

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Activity 4

Write It

Numbers in the Calendar

Look at the calendar and write the numbers in the correct spaces.

1. There are ---------- days in a year.
2. There are ---------- months in a year.
3. There are ---------- weeks in a year.
4. There are ----or ---------- days in a month.
5. February has ----------or ---------- days.
6. There are ---------- days in a week.
7. There are ---------- hours in a day.
8. There are ----------minutes in an hour.
9. There are ---------- seconds in a minute.

Activity 5

Write it!

Answer the following questions by writing the correct answer in the space provided.

1. What is the month that comes before November?
2. What day comes between Saturday and Monday?
3. What is the last month of the year?
4. What is the month that comes between March and May?
5. What month has 28 or 29 days?

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Reading

Activity 1

Multiple Choice

Athletic Family

Read the following text about Mike's family and then answer the questions that follow.

Mike comes from a family of athletes, but none of them play the same sport. His father, Sam, is a weight lifter and he can lift weights up to 150Kg. He participates in weight lifting events all over the world.
Mike's mother, Mary, is a karate instructor. She has a karate studio where she teaches little children karate.
Mike has a brother and a sister, John and Maria. John is 25 and his sport of choice is volleyball. He is a member of the university volleyball team and he has won a number of games with his team. Maria is the youngest in the family, and she is a budding gymnast. She started with gymnastics when she was 4 years old, and now at the age of 16 she can participate in many gymnastic events, like the balance beam and floor gymnastics.
As for Mike, he is a football player and his favorite team is Real Madrid. He cannot miss any football match with his favorite team and he is always cheering his team on.

1. Which member of Mike's family plays volleyball?
   a. Mike
   b. Sam
   c. John

2. According to the text, who can carry weights up to 150kg?
   a. Sam
   b. Maria
   c. Mary

3. Who started to play gymnastics at ayoung age?
   a. Maria
   b. Mike
   c. John

4. Who won many games with the volleyball team?
   a. Mike
   b. John
   c. Sam

5. Who participates in events around the world?
   a. The whole family
   b. Sam
   c. Mary

6. Who teaches children karate?
   a. John and Mary
   b. Sam and Mary
   c. Mary by herself

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Activity 2
Multiple Choice
Goal!

Read the following text about association football and answer the multiple choice questions that follow.

Association football, as you now know, is one of the most popular sports in the world. It is also known as soccer or simply, football. This is a sport that involves team play and is played in a football pitch. There are eleven players on each team, and the purpose of the game is get hold of the ball, move it across the fields and to kick it through the opponent's goal post. The team that scores most goals is the team that wins the game. The only players who can touch the ball with their hands are the goal keepers. The rest of the players cannot touch the ball with their hands. They can only kick the ball and pass it between their team members to score a goal. Players can use many movements while trying to score a goal. These include passing the ball to their teammates, dribbling, shooting at the goal posts, tackling, or intercepting opponents.

The game consists of two halves or periods, each is forty-five minutes long. These are divided by a fifteen minute half-time. The game is not stopped unless the ball leaves the field, a player is injured, substituted or the referee stops the game. The referee is the official keeper of the time and he is the one responsible for enforcing the laws of the game. The referee is assisted by two assistant referees who follow the game from the side lines.

Football has seventeen laws. These are called the Laws of the Game, but there are many additional regulations and laws issued by the International Football Association Board (IFAB), which help regulate the game. The Federation International de Football Association (FIFA) is the body responsible for publishing the Laws of the Game, but it is IFAB that sees these laws through.

There are many interesting expressions related to football. The game starts with a *kick off* and the ball is always *in play* when the game is running. The ball is *out of play* when the game has stopped for any reason. The game can be continued using one of eight restart ways: kickoff, goal kick, corner kick, indirect free kick, direct free kick, penalty kick, or dropped ball.

Any offences carried out by the players against the Laws of the Game will lead to a foul. Offences such as handling the ball inappropriately, pushing or tripping opposite players are punished by a penalty kick or a direct free kick. Other fouls can incur an indirect free kick.

Player's misconduct is punished by a caution or a sending off. These are represented in a yellow or red card respectively. The yellow and red cards were used in the 1970 FIFA world cup for the first time and continue to be used today.

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Football continues to be popular today and it is a sport that is enjoyed by young and old alike. It is easy to play, and once you learn the rules, all you need is a ball and a field!

ELEMENTARY

Unit 3 Sports and Leisure Student File

1. Football has---------- original laws. These are called the Laws of the Game.
   a. seventeen
   b. eleven
   c. twenty-six

2. One of the following reasons can stop the game.
   a. When the players kick off the ball.
   b. When a player is substituted.
   c. When a player passes a ball.

3. According to the text, players misconduct is punished by a ____
   a. caution or sending off.
   b. substitution of players.
   c. changing of referees.

4. Who is responsible for publishing the Laws of the Game?
   a. FIFA
   b. IFAB
   c. NFA

5. One of the following is not used to restart a game of football.
   a. Kick in
   b. Indirect free kick
   c. Direct free kick

6. The place where football is played is called:
   a. pitch
   b. court
   c. track

7. The referee gives players a yellow or red card to show that the players have ___
   a. played very well.
   b. lost a game.
   c. carried out a misconduct.

8. If players commit any offences, they will receive a
   a. foul
   b. caution
   c. sending off

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Grammar

Grammar Focus

Can/Cannot

Can is a modal verb that is used very frequently in English. It is a very useful verb to use because it can help you express:

- Ability: I **can** speak English.
- Permission: She **cannot** leave without doing her homework.
- Request: **Can** you tell me the time?
- Opportunity: We **can** watch the game when we go to the stadium.
- Possibility: Any one **can** play sports.

It is important to remember that **can** is **always** followed by the verb in the **infinitive form.**

e.g. I can drive (**correct**)
I can driving. (**incorrect**)
He can drive. (**correct**)
He can drives (**incorrect**)

Positive Sentences using *can*

I you we they He She it	**can**	I **can** play basket ball. You **can** swim. We **can** play hockey. They **can** play soccer. He **can** do karate. She **can** do gymnastics. The dog **can** catch the ball.

Negative Sentences using *can*

I you we they He She it	**cannot** **can't**	I **cannot** play basketball. You **cannot** swim. We **cannot** play hockey. They **cannot** play soccer He **cannot** do karate. She **cannot** do gymnastics. The dog **cannot** catch the ball.

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Questions using *can*

Can	I	**Can** I play basketball?
	you	**Can** you swim?
	we	**Can** we play hockey?
	they	**Can** they Play soccer?
	he	**Can** he Play karate?
	she	**Can** she do gymnastics?
	it	**Can** the dog catch the ball?

Short Answers using *can*

Can I play basketball?	Yes, I **can**. No, I **cannot.** No, I **can't.**
Can you swim?	Yes, you **can**. No, you **cannot.** No, you **can't.**
Can we play hockey?	Yes, we **can**. No, we **cannot.** No, we **can't.**
Can they play soccer?	Yes, they **can**. No, they **cannot.** No, they **can't.**
Can he play karate?	Yes, he **can**. No, he **cannot.** No, he **can't.**
Can she do gymnastics?	Yes, she **can**. No, she **cannot.** No, she **can't.**
Can the dog catch the ball?	Yes, it **can**. No, it **cannot.** No, it **can't.**

BAULC

Activity 1
What can they do?
Fill in the Blanks

Fill in the blanks below to complete sentences about what each person ***can*** do.



Activity 2
Write It
Forming Questions

Based on what you learned about ***can***, change the following statements into questions.
e.g. Basketball players can dribble the ball.
Can basketball players dribble the ball?

1. Football players can pass the ball to each other.
2. A ballerina can spin very fast.
3. Polo players can ride horses very well.
4. Mountain climbing can be very dangerous.
5. John can swim and play basketball.

Activity 3
Making Sentences
Jumbled Words

Now that you know more about can, use this knowledge to rearrange the words below to make correct questions or sentences.

1. Salam/ party/ come/to/ can/ the/?
2. can/ Mike/ o'clock play/ /at / golf /10 /.
3. speak/ French/ they/not/can/.
4. meet/ we/ eight/can/?/ tonight/at/ past/half
5. the/ Students/ use /Media/ can /every /Center/./ day

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Activity 4
Reading Charts Sport Event

John, Tina, Chris and Mike are all members of the same sports club at their school. Their club leader, Ben, wants to organize a sporting event. He needs to know what each member can or cannot do. Can you help Ben find the information he needs. Look at the table and choose the correct option.

	John	Mike	Tina	Chris
swimming	*			*
cycling	*	*	*	
jogging	*		*	

1. John----------swim, cycle and jog.
2. Tina ---------- swim.
3. Tina ---------- cycle and jog
4. Chris ---------- cycle or jog.
5. Chris ---------- swim.
6. Mike----------swim or jog.
7. Mike----------cycle.
8. John and Tina---------- jog, but Mike and Chris ----------.

Activity 5
Jumbled Words
Can You Guess The Sport?

Rearrange the words to form correct statements to reveal the hidden sport.

1. In this game, use/ a/can/ ball/ you
   In this game, **----------**
2. In this game, run/can/you
   In this game, **----------**
3. In this game, can/kick/not/ball/the/you
   In this game **----------**
4. In this game, play/five/team/in/you/of/ can/ a
   In this game**, ----------**
5. In this game, shoot/ball/score/hoop/into/a/can/ you/the/to
   In this game, **--------** .

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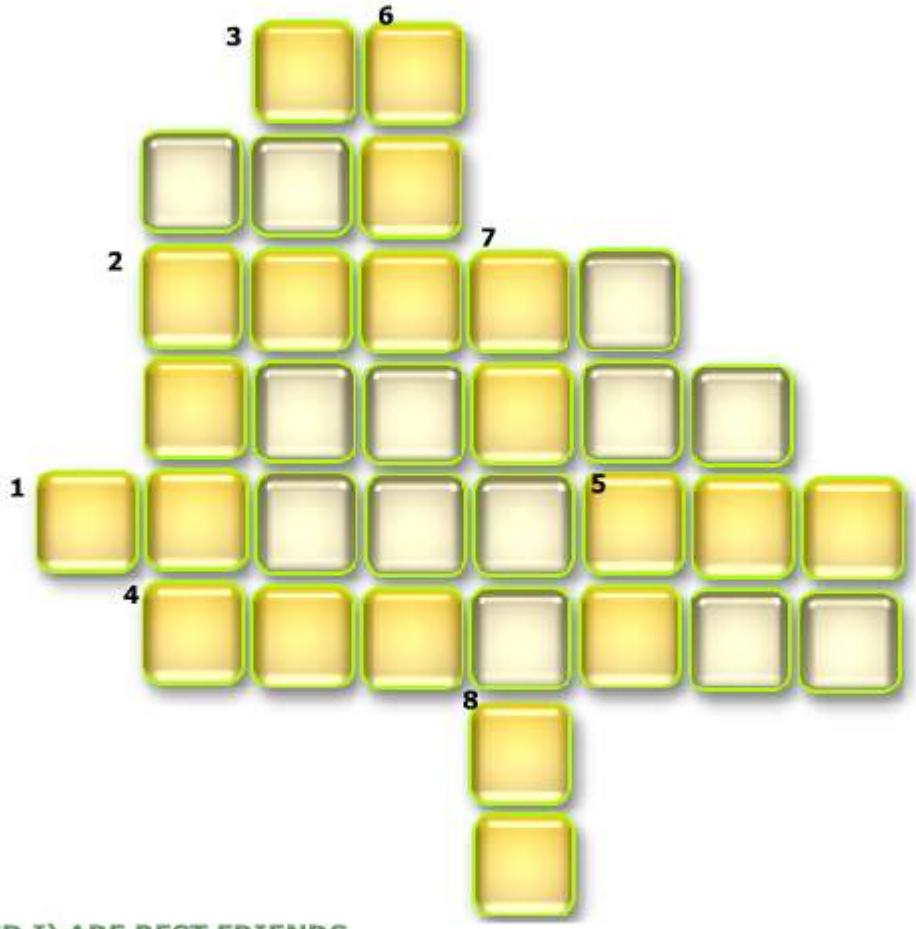
Activity 6
Write It
Cross Word Puzzle

How well do you know your personal pronouns? Read the sentences below and write the answer into the correct spaces.

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Down

2. (MARY, SAM AND BEN) ARE THE BEST PLAYERS IN THE TEAM.
6. SALMA TALKS A LOT. --------IS VERY TALKATIVE.
5. (JOHN)GOES TO THE GYM EVERYDAY.
7. DON'T CALL ------- WHEN I AM DRIVING. I CAN'T ANSWER MY CELL PHONE.
8. MIKE SAID THAT HE DOESN'T LIKE RAIN. --------MAKES HIM UNHAPPY.



Across:

1(MASON AND I) ARE BEST FRIENDS.
2.JOHN DIDN'T SEE -------WHEN THEY TOOK THE CAR.
3. THE TEACHER TOLD ---------- TO GIVE IN OUR HOMEWORK TOMORROW.
4. --------SHOULD NOT SMOKE. IT IS NOT GOOD FOR YOUR HEALTH.
5. I TRUST --------. SHE ALWAYS TELLS THE TRUTH.

Listening

Activity 1

Multiple Choice

Nancy's Fitness Club in Amman

Listen to the following commercial advertisement for Nancy's Fitness Club in Amman, a new health club that has opened in town, then answer the multiple choice questions

that follow.

Do you want to lose weight quickly? Are you tired of all that fat? Then come to Nancy's Fitness Club and we will be happy to help you. Nancy's Fitness Club is the hottest health club in town. It is where you can come and experience the best physical training in the country. Our trained personnel are among the top trainers in the business. They will help and guide you in specifically designed programs to lose those extra pounds. Our state of the art equipment and facilities are sure to energize and help you sculpt and tone your body. If you hate to work alone, you can always join one of our classes, you are sure to find something to suit you. We offer aerobics, dance, kickboxing, karate and yoga classes, among many more. Join today and start feeling better about yourself and - most importantly - your health!

Visit our website at www.Nancysfitness.com to find more about our services and offers. You can also call us at 344-Fitness for reservations and inquiries.We will look forward to your call.

1. This listening piece is a/an ----------.
   a. conversation
   b. interview
   c. commercial

2. The commercial is for a----------.
   a. restaurant
   b. dance club
   c. health club

3. According to the commercial, the trainers in the club are
   a. good trainers
   b. very good trainers
   c. the best trainers

4. One of these classes is not mentioned in the commercial
   a. Dance
   b. Judo
   c. Kickboxing

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5. According to the commercial, howcan you make reservations?

a. through their website
b. personal visit
c. telephone call

6. The website offers information on

a. reservations and offers
b. services and offers
c. offers and inquiries

Activity 2 Multiple Choice
Making Arrangements

Fatima is calling Nancy's Fitness Club to book a squash court. Listen carefully to the phone conversation between Fatima and the receptionist and answer the multiple choice questions that follow.

Receptionist: Nancy's Fitness Club in Amman, How may I help you?
Fatima: Yes, Hi, I would like make arrangements to book the squash court, please.
Receptionist: And when would you like to make that booking?
Fatima: Is Wednesday at 10 open?
Receptionist: No, sorry, Wednesday is fully booked.
Fatima: How about Thursday then at the same time?
Receptionist: Let me see,,,,, We have only one open court on Thursday at 2. Is that convenient?
Fatima: Oh, no. I cannot make it at that time.
Receptionist: We are free on Friday at ten, is that good for you?
Fatima: Yes, Friday at 10 is fine.
Receptionist: Very well then, can you give me your name and number please?
Fatima: John Adams. 26755432, and I will be using the court for 2 hours.
Receptionist: Okay, so booking for Mr. Adams for Friday at 10 for 2 hours, see you Friday. Thanks for calling Nancy's Fitness Club in Amman.
Fatima: Thank you, bye

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1. The place Fatima called is a:
   a. Fitness Club
   b. Dentist Office
   c. Public Library
2. John has made the booking to play:
   a. Tennis
   b. Football
   c. Squash
3. The dates the receptionist offers John are on:
   a. Sunday and Monday
   b. Friday and Thursday
   c. Wednesday and Thursday
4. John wants to book the court for:
   a. 1 hour
   b. 2 hours
   c. 3 hours
5. The time that suits John is at:
   a. Two o'clock
   b. Ten o'clock
   c. One o'clock
6. The receptionist is:
   a. helpful
   b. rude
   c. not interested

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Pronunciation

Pronunciation Focus

Students are going to study the /ʃ/ & /ʒ/, /tʃ/ & /dʒ/, and /h/ & /l/ consonant sounds.

Activity 1
Write it

Write down the suitable word from the box that includes the following sounds:

hat, treasure, chair, shame, loan, jogger

/ʒ/: _____

/dʒ/: _____

/ʃ/: _____

/tʃ/: _____

/h/: _____

/l/: _____

Activity 2
Circle It

Circle the word that word that includes the following sound:

1. /ʒ/: month, patient, mother, leisure
2. /ʃ/: June, picture, sugar, occasion
3. /dʒ/: picture, sugar, occasion, Egypt
4. /h/: house, night, church, hour
5. /tʃ/: sheep, teach, seat, beat
6. /I/: tree, fall, sat, mean

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Speaking

Activity 1
Offline Activity
Ice Breaker

yoga **hockey** **pole vaulting** **ski jumping**

1. Form teams of three.
2. With your teammates, work on forming proper sentences to discuss the above mentioned sports. You may have different sentences, but work on the sentence structure together.
3. Check with your classmates to correct your sentences.
4. You may use the following questions to help you.

1) How many of these activities do you know?
2) Are these all competition sports?
3) Do you play any of these sports?
4) Would you like to play any of these activities?
5) Is your favorite activity among one of these?
6) What is your favorite sport?

Activity 2
Team Work
Guess the Opponent's Sport

Your job is to guess the game your classmates are thinking of.

1. Form teams of three, prepare questions to ask your classmates about their hiddensport.
2. Think of questions the other teams may ask you and prepare answers to thesequestions
3. Each member will be responsible for asking and answering a question.
4. Choose one opposing team and ask them questions about their sport. If you guess their sport you score a point. Once you do that, it is the other team's job to try and guess the sport your team has selected.
5. The team that guesses the most sports wins the game.

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Writing

Activity 1

Write It

Health Club Application Form

To get in shape, you have decided to join Nancy's Fitness Club in Amman. To do this, just fill in the application form below. You will receive instructions in class about how to submit this assignment.

Nancy's Fitness Club in Amman

Application Form

Personal Information

Full name (Mr. Mrs. Ms. Miss): _____

Address:

_____

_____

Telephone number:

_____

Email: _____@_____. _____

Date of Birth: _____

☐Male ☐ Female

Club Related Information

Interests:

Please indicate your preference by providing an (X)

☐ Aerobics	☐ Ballet	☐ Dance	☐ Weight lifting
☐ Kickboxing	☐ Pilates	☐ Yoga	☐ Karate

Type of membership:

☐ Weekly ☐ Monthly ☐ Yearly

Personal trainer required _____

Personal nutritionist required _____

Start date _____

Payment method: ☐ Check ☐ Cash ☐ Visa

Client Signature **Nancy's Fitness Club in Amman Representative Signature**

_____ _____

Word List

athlete:	a person who is very good at sports or physical exercise, especially one who competes in organized events
foul:	an act which is against the rules of a sport, often causing injury to another player.
offence:	behaving improperly in a game
competition:	an organized event in which people try to win by being the best, fastest, etc
opponent:	someone who you compete against in a game or competition
penalty:	punishment imposed on a team or a player breaking the game rules
punished:	to make someone suffer because they have done something wrong
referee:	Someone who makes sure that players follow the rules during a sports game
features:	important part of something
score:	to get points in a game or test
participate:	to take part
instructor:	a person whose job is to teach people particular skill
gymnast:	someone who is trained in gymnastics
weight lifting:	the activity of lifting heavy objects
balance beam:	a gymnastic game in which women gymnasts perform balancing routines

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